Room G
*A Thousand Paper Cuts: Working with the Complex Trauma of Embodied Microaggressions*
Rae Johnson, PhD

Room A
*Touch, Attachment, and the Repair of the Relational Matrix: An Evolving Neuroscience-Informed Theory of Touch*
Aline LaPierre, PsyD

Room B
*Clinical Management of Suicidality*
Lawrence Hedges, PhD
8:00-8:50 Yurt
Morning Movement Experience
*The Dynamic Diaphragm – A Novel Exploration of Structure, Physiology, and Embodiment for Self-Care*
Jill Miller, E-RYT

*Please Note: Space is limited – morning movement class is first come, first served*

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9:00-9:30 Barrett Center

**Convocation**

Christopher Walling, PsyD, President USABP
Aline LaPierre, PsyD, Vice President USABP
Karen Roller, PhD, Secretary USABP
Rae Johnson, PhD, Chair of Somatics, Pacifica Graduate Institute

9:30-10:00 Barrett Center

**USABP & EABP: Looking Forward**

Carmen Joanne Ablack, MSc, President of the European Association for Body Psychotherapy

10-11:30 Barrett Center

**Opening Keynote**

![Allan Schore, PhD]

*Creativity in Psychotherapy: An Adaptive Function of the Right Brain Unconscious*

Allan Schore, PhD

11:30-12:30 Barrett Center

**Bioenergetics of Dysfunctional Society: A Fear of Life**

Frederic Lowen, The Alexander Lowen Foundation

*The Alexander Lowen Foundation is a Senior USABP Member Institution*
Barrett Center Lobby

**Poster Presentations**

*Metamorphosis: Embodying Metaphor*
Sarah Imhoff-Jones

*An Efficacy Study of Somatic Psychoeducation at a Japanese University*
Hiroki Yamaji

*Reintegrating the Performing Artist: Exploring Bodymind Experience in Former Performers*
Jessica Pink

*The Journeying Body: An Exploration of Narratives of Women Who Have Experienced Disconnection and Connection With Their Body*
Deidre Keating

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**Friday Afternoon Colloquium**

1:30-2:30 Barrett Center

*Sunflower Mind: Working with Relationality As An Implicit, Embodied Process*
Serge Prengel

2:30-3:30 Barrett Center

*Setting Babies Up for Somatic Authenticity*
Ruth Anne Hammond, MA
Jill Getto Lee, MA

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1:30-2:30 Room A

*An Experiential Demonstration of Free from Conflict Protocol: Self-Regulation and Relationships*
Gina Ross, MFCC

2:30-3:30 Room A

*Methods for Measuring the Wisdom of our Somatic Intelligence: Developing the Post Encounter Clinical Summary*
Members of the California Institution of Integral Studies:
  - Aaron Freedman AMFT
  - Theresa Silow PhD, LPCC, SEP
  - Stuart Gold MFT
  - Thomas Pope MFT

*The California Institution of Integral Studies is a USABP Member Institution*
Panel Presentation

Social Justice in Body Psychotherapy

Panel Co-Chairs | Claire Haiman, PsyD and Mica McGriggs, PhD

1:30-3:30 | Room G

1:30-2:10 Room G

Race, Trauma, Somatics
Claire Haiman, PsyD, Director of Mental Health Services, Columbia University Medical Center
Mica McGriggs, PhD, Columbia University Medical Center

2:10-2:50 Room G

Brandon Williams Craig, PhD

2:50-3:30 Room G

Female Sexual Objectification and the Castrated Feminine: Re-Membering Embodied Intelligence
Maryanne Comaroto, Pacifica Graduate Institute
Rebecca Pottenger, Pacifica Graduate Institute

Pacifica Graduate Institute is a USABP Member Institution

Panel Presentation

Ted Talk Style! Research Presentations in Twenty Minutes!

Applied Body-Psychotherapy Research

Panel Co-Chairs | Sharon Stanley, PhD and Holly Watson, MS, ANP-BC

1:30-3:30 Room D

1:30-1:50 Room D

Small Groups for Healing Trauma with Relational Body-Centered Practices
Sharon Stanley, PhD
Holly Watson, MS, ANP-BC
1:50-2:10 Room D  
**Utilizing Embodied Experience in Research Data**  
Jennifer Frank Tantia, PhD, MS, BC-DMT, LCAT

2:10-2:30 Room D  
**Mutual Respect and Reciprocity Between Depth Psychotherapists and Somatic Practitioners: Healing Takes a Village**  
Dawn Marie Loerch, MA, Graduate Student, Pacifica Graduate Institute

2:30-2:50 Room D  
**Using Authentic Movement to Create Safe Containment for Exploring Symptom in the Chronically Ill**  
Elyn Selu, Graduate Student, Pacifica Graduate Institute

2:50-3:10 Room D  
**Somatic Experiencing for PTSD: A Randomized Controlled Outcome Study**  
Gina Ross, MFCC

3:10-3:30 Room D  
**Q&A For All Presenters**

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1:30-2:30 Yurt  
**The Intelligent Body: Reversing Chronic Fatigue & Pain from the Inside Out**  
Kyle Davies, MPhil  
Rebecca Metro

2:30-3:30 Yurt  
**Equusoma: Integrated Somatic Experiencing & Attachment Work Into Equine Assisted Trauma Recovery**  
Sarah Schlote, MA, SEP

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Pacifica Graduate Institute Panel Presentation  
**Digital Life & The Soul: The Extended Body In Cyberspace**  
*Panel Chair* | Elizabeth Eowyn Nelson, PhD  
1:30-3:30 | Room H

1:30-2:10 Room H  
**I Love My iPhone: The Interpersonal Neurobiology of Augmented Intelligence**  
Elizabeth Eowyn Nelson, PhD, Faculty, Pacifica Graduate Institute

2:10-2:50 Room H
**Traumatic Attachment Between Humans and Their Digital Technologies**
Daniel Mark Ballin, LCSW

2:50-3:30  Room H

**Technology, the Felt Sense and Aesthetic Sensitivity**
Gary Jobe Ferguson
Pacifica Graduate Institute is a USABP Member Institution

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3:30 - 4:00 Coffee | Tea Break

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4:00-6:00  Barrett Center

**Clinical Intuition as The Body's Flower of Compassion and Creativity**
Terry Marks Tarlow, PhD

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4:00-6:00  Room D

**Oneness and Separateness: The Relational Body**
Judith Blackstone, PhD, The Realization Process
The Realization Process is a USABP Member Institution

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Panel Presentation

**Relational Approaches in Trauma Psychotherapy**

*Panel Chair* | Andy Hahn, PsyD

4:00-6:00  Room A

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4:00-4:40  Room A

**Healing Archetypal Trauma with Body Psychology**
Andy Hahn, PsyD, Life Centered Therapy
Life Centered Therapy is a USABP Member Institution

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4:40-5:20  Room A

**Integrating Somatic Psychology Into Evidence Based Trauma-Informed Care**
Arielle Schwartz, PhD

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5:20--6:00  Room A

**Rewriting Traumatic Memories During the Reconsolidation Phase**
Shahri Homayoun, PhD
Panel Presentation
Relational Approaches to Death & Dying
Panel Chair | Jeanne Denney, MA, PE
4:00-6:00 Room G

4:00-4:40 Room G
Expanding Ideas of Life, Love and Connection: Bringing Dying and Grief Into the Fold of Body Psychotherapy
Jeanne Denney, MA, PE

4:40-5:20 Room G
The Grief Recovery Method: A Relational and Affective Approach to Grief and Loss
Shelby Messenger, MA

5:20-6:00 Room G
A Living Embodied Epistemology of Death
Jana Hendricks

4:00-5:00 Room B
Love Heals: Applying Somatic & Energetic Principles to Fetal, Birth, and Post-Birth Trauma
Karyne Wilner, PhD

5:00-6:00 Room B
It Takes A Village: Putting Theories into Practice
Anne Isaacs, MSW

4:00-5:00 Yurt
Interoceptive Awareness Training to Facilitate Reconnection and Enhance Embodiment: Therapeutic Processes and Scientific Outcomes
Cynthia Price, PhD, LMT, University of Washington Seattle

5:00-6:00 Yurt
Better Brain Function through Movement: Using Exploratory Movement for Trauma and Eating Disorder Recovery
Susan Richter, MFT, CEDS, SEP
Sean Baker, MFT, SEP

4:00-5:00 Room H
Connection: Our Greatest Longing and Deepest Fear
Ellen Byrne, CMT, SEP

5:00-6:00  Room H
4E Cognition: Humanness from a nervous system point of view
Lisa Dale Miller, LMFT, SEP

6:00  Dinner

7:00  Barrett Center
Evening Film Screening
West Coast Premiere!

OFFICIAL SELECTION
NHdocs 2018

8:00-8:50  Yurt
Morning Movement Experience
Core Breath Experiential Workshop
Alycia Scott Zollinger

Please Note: Space is limited – morning movement class is first come, first served
9:00-10:45  Barrett Center

USABP 2018 Pioneer Award Lecture

Trauma and Intimacy Through the Lens of the Polyvagal Theory: Understanding the Transformative Power of Feeling Safe
Stephen Porges, PhD

10:45-12:30  Barrett Center

USABP 2018 Lifetime Achievement Award Lecture

Sensory Awareness: Reconnecting with Ourselves
Judyth Weaver, PhD

12:30 - 1:30  Lunch | Author Book Signing | Outdoors

Saturday Afternoon Colloquium

1:30-2:30  Barrett Center

Sexual Healing Heals More Than Sex: Body-to-Body Intimacy and Mindful Eroticism
Stella Resnick, PhD

2:30-3:30  Barrett Center

Sexual Pleasure in Light of Intersubjectivity
Lawrence Hedges, PhD

1:30-2:30  Room A

Embodiment, Personal Development and the State of Consciousness
Siegmar Gerken, PhD, ECP, HP

2:30-3:30  Room A

Discovering & Experiencing the Impact Somatic Therapies Have on Authenticity
David Phillips, Med, CCEP, Faculty, Institute of Core Energetics

The Institute of Core Energetics is a USABP Member Institution
Panel Presentation

The Use of Touch in Body Psychotherapy

Panel Chair | Aline LaPierre, PsyD, MFT, Vice President USABP
1:30-3:30 | Room G

1:30-2:10 Room G

Touch: The Royal Road to Connection and Repair (Part One of Two)
Joe Weldon, Lic. Psych, MST, Co-Director of the Somatic Therapy Center
Noel Wight, MA, MST, Co-Director of the Somatic Therapy Center

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2:10-2:50 Room G

Healing Hands Through the Five Elements
Brian Falk, MA, C.Ac.

2:50-3:30 Room G

Facilitating Reparative Experiences of Touch between Children and Caregivers Through FirstPlay Kinesthetic Storytelling
Janet Courtney, PhD, LCSW

1:30-2:30 Room B

LifeLine Landscaping Work
Joke van de Belt, MA, Senior Trainer, International Institute for Biosynthesis
Gabriele Hoppe, ClinPsych, Senior Trainer, International Institute for Biosynthesis

2:30-3:30 Room B

Biofeedback as a Viable Somatic Modality for Trauma and Related Comorbidities
Cynthia Kerson, PhD, Saybrook University

1:30-3:30 Room D

The Freedom Trail: Healing Archetypal Trauma with Body Psychotherapy
Andrew Hahn, PsyD
Joni Beckett MA., MBA, LMHC
Panel Presentation

Yoga and Exercise Sciences in Body Psychotherapy

Panel Chair | Stacy Reuille-Dupont, PhD

1:30-3:30 | Yurt

1:30-2:00 Yurt

*Blending Disciplines: Using Exercise Science to Bridge Understanding in Somatic Psychology Interventions*

Stacy Reuille-Dupont, PhD

2:00-2:30 Yurt

*Yoga Psychology Concepts in Sex Trafficking Survivor Narratives*

Julie Carmen Hoffman, LMFT, C-IAYT, YTRX

2:30-3:00 Yurt

*Bringing Nervous-System Informed, Trauma-Sensitive Yoga in the Psychotherapy Session*

Joann Lutz, MSW, LICSW, E-RYT, C-IAYT

3:00-3:30 Yurt

*Bodyfulness: A Pathway to Presence, Play, and Pleasure*

Rachel Allyn, PhD, RYT-500

1:30-2:30 Room H

*Clinical Interventions to Repair and Embody the True Self*

Carolyn Bucey Eberle, LPC

2:30-3:30 Room H

*Somatic Practice with Marginalized Communities*

Sage Hayes

3:30 - 4:00 Coffee | Tea Break

4:00-6:00 Room A

*The Preparatory Set and the Natural State; a Neurobiological Framework for Embodied Psychotherapy*

Mardi Crane-Godreau, PhD, SEP, Research Scientist, Geisel School of Medicine at Dartmouth

Peter Payne, SEP, RSMET, Geisel School of Medicine at Dartmouth
4:00-6:00  Room G
**Touch: The Royal Road to Connection and Repair (Part Two of Two)**
Joe Weldon, Lic Psych, MST, Co-Director of the Somatic Therapy Center
Noel Wight, MA, MST, Co-Director of the Somatic Therapy Center
*The Somatic Therapy Center is a USABP Member Institution*

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**In Honor of Eugene Gendlin**

**A Focus on Focusing**

4:00-6:00 | Room B

4:00-5:00  Room B
**Bodymap Protocol: Integrating Art Therapy & Focusing in the Treatment of Adults with Trauma**
Darcy Lubbers, PhD, MFT, ATR-BC

5:00-6:00  Room B
**Body Dreamwork: Using Focusing to Help Clients Find the Life Force Inherent in Dreams and Nightmares**
Leslie Ellis, PhD

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4:00-5:00  Barrett Center
**Sex Addiction As Affect Dysregulation: An Embodied Approach to Treatment**
Alexandra Katehakis, PhD

5:00-6:00  Barrett Center
**The Integration of Mindfulness and New Somatic Approaches for the Treatment of Trauma & Cultivating Resiliency**
Ron Alexander, PhD, SEP

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4:00-6:00  Yurt
**Embodied Wisdom: The Dance of Three**
Tina Stromsted, PhD, LMFT, LPCC, BC-DMT

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4:00-5:00  Room D
**What’s Happening? A Developmental-Relational Case of Delayed Embodiment**
Mark Ludwig, LCSW
5:00-6:00 Room D  
*The Actors Secret for Therapists*  
Betsy Polatin, MFA, SEP

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4:00-5:00 Room H  
*Somatic Individuation: Repairing the Connection Between Psyche and Soma Through Embodied Active Imagination*  
Bridget Carlson

5:00-6:00 Room H  
*Bearing Witness: Psychic Space for Connection*  
Mădălina Bortes and Cacky Mellor, M.Ed, Pacifica Graduate Institute Students

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6:00 | Barrett Center

**Honoree Discussion**  
with Judyth Weaver and Stephen Porges

**The Future of Body Psychotherapy**

Followed by an outdoor reception  
*heavy hors d’oeuvres • wine • entertainment*
8:00-8:50 Yurt
Morning Movement Experience

*Beyond the Nervous System - Generativity and Resourcing Through Embodied Embryology*

Theresa Silow, PhD, LPCC, SEP, Professor of Somatic Psychology, CIIS
Shirley Bar-Dvir, MA, LMFT, Hakomi Therapist and Teacher
Morgan Shepherd, MA, LMFTi

*Please Note: Space is limited – morning movement class is first come, first served*

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**Breakfast**

9:00-10:30 Barrett Center

**Closing Keynote**

*Revolutionizing Trauma Treatment: Accurately Gauge and Modulate ANS Arousal in Clients and Yourself*

Babette Rothschild, MSW

10:30-11:30 Barrett Center

*Integrative Body Psychotherapy In Action*

Marjorie Rand, PhD

11:30-12:00 Barrett Center

*Early Coping Strategies: Another Addictive Behavior Which May Sabotage Connection*

Alice Ladas, PhD

12:00-1:30 Barrett Center

**USABP Senior Training Member Spotlight**

*Hakomi Mindful Somatic Psychotherapy: An Experiential Workshop*

Shirley Bar-Dvir, MFT

1:30-1:40 Barrett Center

**Closing Remarks**

Christopher Walling, PsyD, President, USABP
Aline LaPierre, PsyD, Vice President, USABP
Karen Roller, PhD, Secretary, USABP