

2018 USABP Conference Agenda

THE SCIENCE OF CONNECTION

Honoring Our Somatic Intelligence



2018
NATIONAL
CONFERENCE
November 1-4
Santa Barbara

Pre-Conference Workshops

Thursday | November 1 | 9 am - 5 pm



Room G

A Thousand Paper Cuts: Working with the Complex Trauma of Embodied Microaggressions

Rae Johnson, PhD



Room A

Touch, Attachment, and the Repair of the Relational Matrix: An Evolving Neuroscience-Informed Theory of Touch

Aline LaPierre, PsyD



Room B

Clinical Management of Suicidality

Lawrence Hedges, PhD

Friday | November 2

8:00-8:50 Yurt

Morning Movement Experience

The Dynamic Diaphragm – A Novel Exploration of Structure, Physiology, and Embodiment for Self-Care

Jill Miller, E-RYT

Please Note: Space is limited – morning movement class is first come, first served

Breakfast

9:00-9:30 Barrett Center

Convocation

Christopher Walling, PsyD, President USABP

Aline LaPierre, PsyD, Vice President USABP

Karen Roller, PhD, Secretary USABP

Rae Johnson, PhD, Chair of Somatics, Pacifica Graduate Institute

9:30-10:00 Barrett Center

USABP & EABP: Looking Forward

Carmen Joanne Ablack, MSc, President of the European Association for Body Psychotherapy

10-11:30 Barrett Center

Opening Keynote



*Creativity in Psychotherapy:
An Adaptive Function of the Right Brain Unconscious*

Allan Schore, PhD

11:30-12:30 Barrett Center

Bioenergetics of Dysfunctional Society: A Fear of Life

Frederic Lowen, The Alexander Lowen Foundation

The Alexander Lowen Foundation is a Senior USABP Member Institution

12:30 - 1:30 | Lunch | Poster Presentations

Barrett Center Lobby

Poster Presentations

Metamorphosis: Embodying Metaphor

Sarah Imhoff-Jones

An Efficacy Study of Somatic Psychoeducation at a Japanese University

Hiroki Yamaji

Reintegrating the Performing Artist: Exploring Bodymind Experience in Former Performers

Jessica Pink

The Journeying Body: An Exploration of Narratives of Women Who Have Experienced Disconnection and Connection With Their Body

Deidre Keating

Friday Afternoon Colloquium

1:30-2:30 Barrett Center

Sunflower Mind: Working with Relationality As An Implicit, Embodied Process

Serge Prengel

2:30-3:30 Barrett Center

Setting Babies Up for Somatic Authenticity

Ruth Anne Hammond, MA

Jill Getto Lee, MA

1:30-2:30 Room A

An Experiential Demonstration of Free from Conflict Protocol: Self-Regulation and Relationships

Gina Ross, MFCC

2:30-3:30 Room A

Methods for Measuring the Wisdom of our Somatic Intelligence: Developing the Post Encounter Clinical Summary

Members of the California Institution of Integral Studies:

Aaron Freedman AMFT

Theresa Silow PhD, LPCC, SEP

Stuart Gold MFT

Thomas Pope MFT

The California Institution of Integral Studies is a USABP Member Institution

1:30-3:30 Room B

Organicity and Self-Organizing Systems in Treatment

Steve Hoskinson, MA

Panel Presentation

Social Justice in Body Psychotherapy

Panel Co-Chairs | Claire Haiman, PsyD and Mica McGriggs, PhD

1:30-3:30 | Room G

1:30-2:10 Room G

Race, Trauma, Somatics

Claire Haiman, PsyD, Director of Mental Health Services, Columbia University Medical Center

Mica McGriggs, PhD, Columbia University Medical Center

2:10-2:50 Room G

Embody Nonviolence: Peace Practices and the Embodiment of Social Justice Learning

Brandon WilliamsCraig, PhD

2:50-3:30 Room G

Female Sexual Objectification and the Castrated Feminine: Re-Membering Embodied Intelligence

Maryanne Comaroto, Pacifica Graduate Institute

Rebecca Pottenger, Pacifica Graduate Institute

Pacifica Graduate Institute is a USABP Member Institution

Panel Presentation

Ted Talk Style! Research Presentations in Twenty Minutes!

Applied Body-Psychotherapy Research

Panel Co-Chairs | Sharon Stanley, PhD and Holly Watson, MS, ANP-BC

1:30-3:30 Room D

1:30-1:50 Room D

Small Groups for Healing Trauma with Relational Body-Centered Practices

Sharon Stanley, PhD

Holly Watson, MS, ANP-BC

1:50-2:10 Room D

Utilizing Embodied Experience in Research Data

Jennifer Frank Tantia, PhD, MS, BC-DMT, LCAT

2:10-2:30 Room D

Mutual Respect and Reciprocity Between Depth Psychotherapists and Somatic Practitioners: Healing Takes a Village

Dawn Marie Loerch, MA, Graduate Student, Pacifica Graduate Institute

2:30-2:50 Room D

Using Authentic Movement to Create Safe Containment for Exploring Symptom in the Chronically Ill

Elyn Selu, Graduate Student, Pacifica Graduate Institute

2:50-3:10 Room D

Somatic Experiencing for PTSD: A Randomized Controlled Outcome Study

Gina Ross, MFCC

3:10-3:30 Room D

Q&A For All Presenters

1:30-2:30 Yurt

The Intelligent Body: Reversing Chronic Fatigue & Pain from the Inside Out

Kyle Davies, MPhil

Rebecca Metro

2:30-3:30 Yurt

Equusoma: Integrated Somatic Experiencing & Attachment Work Into Equine Assisted Trauma Recovery

Sarah Schlote, MA, SEP

Pacifica Graduate Institute Panel Presentation

Digital Life & The Soul: The Extended Body In Cyberspace

Panel Chair | Elizabeth Eowyn Nelson, PhD

1:30-3:30 | Room H

1:30-2:10 Room H

I Love My iPhone: The Interpersonal Neurobiology of Augmented Intelligence

Elizabeth Eowyn Nelson, PhD, Faculty, Pacifica Graduate Institute

2:10-2:50 Room H

Traumatic Attachment Between Humans and Their Digital Technologies

Daniel Mark Ballin, LCSW

2:50-3:30 Room H

Technology, the Felt Sense and Aesthetic Sensitivity

Gary Jobe Ferguson

Pacifica Graduate Institute is a USABP Member Institution

3:30 - 4:00 Coffee | Tea Break

4:00-6:00 Barrett Center

Clinical Intuition as The Body's Flower of Compassion and Creativity

Terry Marks Tarlow, PhD

4:00-6:00 Room D

Oneness and Separateness: The Relational Body

Judith Blackstone, PhD, The Realization Process

The Realization Process is a USABP Member Institution

Panel Presentation

Relational Approaches in Trauma Psychotherapy

Panel Chair | Andy Hahn, PsyD

4:00-6:00 | Room A

4:00-4:40 Room A

Healing Archetypal Trauma with Body Psychology

Andy Hahn, PsyD, Life Centered Therapy

Life Centered Therapy is a USABP Member Institution

4:40-5:20 Room A

Integrating Somatic Psychology Into Evidence Based Trauma-Informed Care

Arielle Schwartz, PhD

5:20--6:00 Room A

Rewriting Traumatic Memories During the Reconsolidation Phase

Shahri Homayoun, PhD

Panel Presentation
Relational Approaches to Death & Dying

Panel Chair | Jeanne Denney, MA, PE

4:00-6:00 Room G

4:00-4:40 Room G

Expanding Ideas of Life, Love and Connection: Bringing Dying and Grief Into the Fold of Body Psychotherapy

Jeanne Denney, MA, PE

4:40-5:20 Room G

The Grief Recovery Method: A Relational and Affective Approach to Grief and Loss

Shelby Messenger, MA

5:20-6:00 Room G

A Living Embodied Epistemology of Death

Jana Hendricks

4:00-5:00 Room B

Love Heals: Applying Somatic & Energetic Principles to Fetal, Birth, and Post-Birth Trauma

Karyne Wilner, PhD

5:00-6:00 Room B

It Takes A Village: Putting Theories into Practice

Anne Isaacs, MSW

4:00-5:00 Yurt

Interoceptive Awareness Training to Facilitate Reconnection and Enhance Embodiment: Therapeutic Processes and Scientific Outcomes

Cynthia Price, PhD, LMT, University of Washington Seattle

5:00-6:00 Yurt

Better Brain Function through Movement: Using Exploratory Movement for Trauma and Eating Disorder Recovery

Susan Richter, MFT, CEDS, SEP

Sean Baker, MFT, SEP

4:00-5:00 Room H

Connection: Our Greatest Longing and Deepest Fear

Ellen Byrne, CMT, SEP

5:00-6:00 Room H

4E Cognition: Humanness from a nervous system point of view

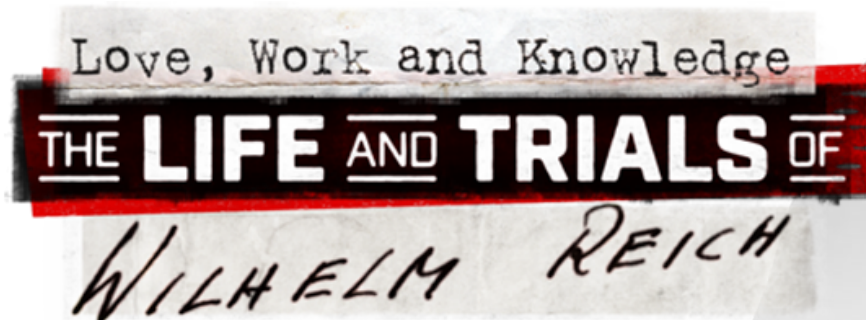
Lisa Dale Miller, LMFT, SEP

6:00 Dinner

7:00 Barrett Center

Evening Film Screening

West Coast Premiere!



Saturday | November 3

8:00-8:50 Yurt

Morning Movement Experience

Core Breath Experiential Workshop

Alycia Scott Zollinger

Please Note: Space is limited – morning movement class is first come, first served

Breakfast

9:00-10:45 Barrett Center

USABP 2018 Pioneer Award Lecture



*Trauma and Intimacy Through the Lens of the Polyvagal Theory:
Understanding the Transformative Power of Feeling Safe*

Stephen Porges, PhD

10:45-12:30 Barrett Center

USABP 2018 Lifetime Achievement Award Lecture



Sensory Awareness: Reconnecting with Ourselves

Judyth Weaver, PhD

12:30 - 1:30 | Lunch | Author Book Signing | Outdoors

Saturday Afternoon Colloquium

1:30-2:30 Barrett Center

Sexual Healing Heals More Than Sex: Body-to-Body Intimacy and Mindful Eroticism

Stella Resnick, PhD

2:30-3:30 Barrett Center

Sexual Pleasure in Light of Intersubjectivity

Lawrence Hedges, PhD

1:30-2:30 Room A

Embodiment, Personal Development and the State of Consciousness

Siegmar Gerken, PhD, ECP, HP

2:30-3:30 Room A

Discovering & Experiencing the Impact Somatic Therapies Have on Authenticity

David Phillips, Med, CCEP, Faculty, Institute of Core Energetics

The Institute of Core Energetics is a USABP Member Institution

Panel Presentation

The Use of Touch in Body Psychotherapy

Panel Chair | Aline LaPierre, PsyD, MFT, Vice President USABP

1:30-3:30 | Room G

1:30-2:10 Room G

Touch: The Royal Road to Connection and Repair (Part One of Two)

Joe Weldon, Lic. Psych, MST, Co-Director of the Somatic Therapy Center

Noel Wight, MA, MST, Co-Director of the Somatic Therapy Center

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2:10-2:50 Room G

Healing Hands Through the Five Elements

Brian Falk, MA, C.Ac.

2:50-3:30 Room G

Facilitating Reparative Experiences of Touch between Children and Caregivers Through FirstPlay Kinesthetic Storytelling

Janet Courtney, PhD, LCSW

1:30-2:30 Room B

LifeLine Landscaping Work

Joke van de Belt, MA, Senior Trainer, International Institute for Biosynthesis

Gabriele Hoppe, ClinPsych, Senior Trainer, International Institute for Biosynthesis

2:30-3:30 Room B

Biofeedback as a Viable Somatic Modality for Trauma and Related Comorbidities

Cynthia Kerson, PhD, Saybrook University

1:30-3:30 Room D

The Freedom Trail: Healing Archetypal Trauma with Body Psychotherapy

Andrew Hahn, PsyD

Joni Beckett MA., MBA, LMHC

Panel Presentation

Yoga and Exercise Sciences in Body Psychotherapy

Panel Chair | Stacy Reuille-Dupont, PhD

1:30-3:30 | Yurt

1:30-2:00 Yurt

Blending Disciplines: Using Exercise Science to Bridge Understanding in Somatic Psychology Interventions

Stacy Reuille-Dupont, PhD

2:00-2:30 Yurt

Yoga Psychology Concepts in Sex Trafficking Survivor Narratives

Julie Carmen Hoffman, LMFT, C-IAYT, YTRX

2:30-3:00 Yurt

Bringing Nervous-System Informed, Trauma-Sensitive Yoga in the Psychotherapy Session

Joann Lutz, MSW, LICSW, E-RYT, C-IAYT

3:00-3:30 Yurt

Bodyfulness: A Pathway to Presence, Play, and Pleasure

Rachel Allyn, PhD, RYT-500

1:30-2:30 Room H

Clinical Interventions to Repair and Embody the True Self

Carolyn Bucey Eberle, LPC

2:30-3:30 Room H

Somatic Practice with Marginalized Communities

Sage Hayes

3:30 - 4:00 Coffee | Tea Break

4:00-6:00 Room A

The Preparatory Set and the Natural State; a Neurobiological Framework for Embodied Psychotherapy

Mardi Crane-Godreau, PhD, SEP, Research Scientist, Geisel School of Medicine at Dartmouth

Peter Payne, SEP, RSMET, Geisel School of Medicine at Dartmouth

4:00-6:00 Room G

Touch: The Royal Road to Connection and Repair (Part Two of Two)

Joe Weldon, Lic Psych, MST, Co-Director of the Somatic Therapy Center

Noel Wight, MA, MST, Co-Director of the Somatic Therapy Center

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In Honor of Eugene Gendlin

A Focus on Focusing

4:00-6:00 | Room B

4:00-5:00 Room B

Bodymap Protocol: Integrating Art Therapy & Focusing in the Treatment of Adults with Trauma

Darcy Lubbers, PhD, MFT, ATR-BC

5:00-6:00 Room B

Body Dreamwork: Using Focusing to Help Clients Find the Life Force Inherent in Dreams and Nightmares

Leslie Ellis, PhD

4:00-5:00 Barrett Center

Sex Addiction As Affect Dysregulation: An Embodied Approach to Treatment

Alexandra Katehakis, PhD

5:00-6:00 Barrett Center

The Integration of Mindfulness and New Somatic Approaches for the Treatment of Trauma & Cultivating Resiliency

Ron Alexander, PhD, SEP

4:00-6:00 Yurt

Embodied Wisdom: The Dance of Three

Tina Stromsted, PhD, LMFT, LPCC, BC-DMT

4:00-5:00 Room D

What's Happening? A Developmental-Relational Case of Delayed Embodiment

Mark Ludwig, LCSW

5:00-6:00 Room D

The Actors Secret for Therapists

Betsy Polatin, MFA, SEP

4:00-5:00 Room H

*Somatic Individuation: Repairing the Connection Between Psyche and Soma
Through Embodied Active Imagination*

Bridget Carlson

5:00-6:00 Room H

Bearing Witness: Psychic Space for Connection

Mădălina Bortes and Cacky Mellor, M.Ed, Pacifica Graduate Institute Students

6:00 | Barrett Center



Honoree Discussion

with Judyth Weaver and Stephen Porges

The Future of Body Psychotherapy

Followed by an outdoor reception

heavy hors d'oeuvres • wine • entertainment

Sunday | November 4

8:00-8:50 Yurt

Morning Movement Experience

Beyond the Nervous System - Generativity and Resourcing Through Embodied Embryology

Theresa Silow, PhD, LPCC, SEP, Professor of Somatic Psychology, CIIS

Shirley Bar-Dvir, MA, LMFT, Hakomi Therapist and Teacher

Morgan Shepherd, MA, LMFTi

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Breakfast

9:00-10:30 Barrett Center

Closing Keynote



Revolutionizing Trauma Treatment: Accurately Gauge and Modulate ANS Arousal in Clients and Yourself

Babette Rothschild, MSW

10:30-11:30 Barrett Center

Integrative Body Psychotherapy In Action

Marjorie Rand, PhD

11:30-12:00 Barrett Center

Early Coping Strategies: Another Addictive Behavior Which May Sabotage Connection

Alice Ladas, PhD

12:00-1:30 Barrett Center

USABP Senior Training Member Spotlight

Hakomi Mindful Somatic Psychotherapy: An Experiential Workshop

Shirley Bar-Dvir, MFT

1:30-1:40 Barrett Center

Closing Remarks

Christopher Walling, PsyD, President, USABP

Aline LaPierre, PsyD, Vice President, USABP

Karen Roller, PhD, Secretary, USABP