

Full Conference Agenda

Friday November 2, 2018

8:00-8:50 AM The Yurt

Morning Movement Experience

The Dynamic Diaphragm – A Novel Exploration of Structure, Physiology, and Embodiment for Self-Care

Jill Miller, E-RYT

Please Note: Space is limited – morning movement class is first come, first served

Breakfast

9:00-9:30 Barrett Center

Convocation

Christopher Walling, PsyD, President USABP

Aline LaPierre, PsyD, Vice President USABP

Karen Roller, PhD, Secretary USABP

Rae Johnson, PhD, Chair of Somatics, Pacifica Graduate Institute

9:30-10:00 Barrett Center

USABP & EABP: Looking Forward

Carmen Joanne Ablack, MSc, President of the European Association for Body Psychotherapy

10-11:30 Barrett Center

Opening Keynote

Creativity in Psychotherapy: An Adaptive Function of the Right Brain

Unconscious

Allan Schore, PhD

11:30-12:30 Barrett Center

Bioenergetics of Dysfunctional Society: A Fear of Life

Frederic Lowen, The Alexander Lowen Foundation

The Alexander Lowen Foundation is a Senior USABP Member Institution

12:30-1:30 Lunch & Poster Presentations

Full Conference Agenda

Barrett Center Lobby

Poster Presentations

Metamorphosis: Embodying Metaphor

Sarah Imhoff-Jones

An Efficacy Study of Somatic Psychoeducation at a Japanese University

Hiroki Yamaji

Reintegrating the Performing Artist: Exploring Bodymind Experience in Former Performers

Jessica Pink

The journeying body: An exploration of narratives of women who have experienced disconnection and connection with their body

Deidre Keating

Friday Afternoon Colloquium

1:30-2:30 Barrett Center

Sunflower Mind: Working with relationality as an implicit, embodied process

Serge Prengel

2:30-3:30 Barrett Center

Setting Babies Up for Somatic Authenticity

Ruth Anne Hammond, MA

Jill Getto Lee, M.A

1:30-2:30 Room A

An Experiential Demonstration of Free from Conflict Protocol: Self-regulation and Relationships

Gina Ross, MFCC

2:30-3:30 Room A

Methods for Measuring the Wisdom of our Somatic Intelligence: Developing the Post Encounter Clinical Summary

Members of the California Institution of Integral Studies:

Aaron Freedman AMFT

Theresa Silow PhD, LPCC, SEP

Stuart Gold MFT

Thomas Pope MFT

The California Institution of Integral Studies is a USABP Member Institution

Full Conference Agenda

1:30-3:30 Room B

Organicity and Self-Organizing Systems in Treatment

Steve Hoskinson, MA

Panel Presentations

Social Justice in Body Psychotherapy

Panel Co-Chairs

Claire Haiman, PsyD and Mica McGriggs, PhD

1:30-3:30 | Room G

1:30-2:10 Room G

Race, Trauma, Somatics

Claire Haiman, PsyD, Director of Mental Health Services, Columbia University Medical Center

Mica McGriggs, PhD, Columbia University Medical Center

2:10-2:50 Room G

Embody Nonviolence: Peace Practices and the Embodiment of Social Justice Learning

Brandon WilliamsCraig, PhD

2:50-3:30 Room G

Female Sexual Objectification and the Castrated Feminine: Re-Membering Embodied Intelligence

Maryanne Comaroto, Pacifica Graduate Institute

Rebecca Pottenger, Pacifica Graduate Institute

Pacifica Graduate Institute is a USABP Member Institution

Panel Presentations

Ted Talk Style! Research Presentations in Twenty Minutes!

Applied Body-Psychotherapy Research

Panel Co-Chairs

Sharon Stanley, PhD and Holly Watson MS, ANP-BC

1:30-3:30 Room D

1:30-1:50 Room D

Small Groups for Healing Trauma with Relational Body-Centered Practices

Sharon Stanley, PhD

Full Conference Agenda

Holly Watson MS, ANP-BC

1:50-2:10 Room D

Somatic Experiencing for PTSD: A Randomized Controlled Outcome Study

Gina Ross, MFCC

2:10-2:30 Room D

Mutual Respect and Reciprocity between Depth Psychotherapists and Somatic Practitioners: Healing Takes a Village

Dawn Marie Loerch, M.A., Graduate Student, Pacifica Graduate Institute

2:30-2:50 Room D

Using Authentic Movement to Create Safe Containment for Exploring Symptom in the Chronically Ill

Elyn Selu, Graduate Student, Pacifica Graduate Institute

2:50-3:10 Room D

Utilizing Embodied Experience in Research Data

Jennifer Frank Tantia, PhD, MS, BC-DMT, LCAT

3:10-3:30

Q&A for all presenters

1:30-2:30 The Yurt

Interoceptive Awareness Training to Facilitate Reconnection and Enhance Embodiment: Therapeutic Processes and Scientific Outcomes

Cynthia Price, PhD, LMT, University of Washington Seattle

2:30-3:30 The Yurt

Equusoma: Integrated Somatic Experiencing & Attachment Work into Equine Assisted Trauma Recovery

Sarah Schlote, MA, SEP

Pacifica Graduate Institute Panel Presentations

Digital Life & The Soul: The Extended Body In Cyberspace

Panel Chair

Elizabeth Eowyn Nelson, PhD

1:30-3:30 | Room H

1:30-2:10 Room H

Full Conference Agenda

I love my iPhone: The Interpersonal Neurobiology of Augmented Intelligence

Elizabeth Eowyn Nelson, PhD, Faculty, Pacifica Graduate Institute

2:10-2:50 Room H

Traumatic Attachment between Humans and their Digital Technologies

Daniel Mark Ballin, LCSW

2:50-3:30 Room H

Technology, the Felt Sense and Aesthetic Sensitivity

Gary Jobe Ferguson

Pacifica Graduate Institute is a USABP Member Institution

3:30-4:00 Coffee/Tea Break

4:00-6:00 Barrett Center

Clinical Intuition as The Body's Flower of Compassion and Creativity

Terry Marks Tarlow, PhD

4:00-6pm Room D

Oneness and Separateness: The Relational Body

Judith Blackstone, PhD, The Realization Process

The Realization Process is a USABP Member Institution

Panel Presentations

Relational Approaches in Trauma Psychotherapy

Panel Chair

Andy Hahn, PsyD

4:00-6:00 | Room A

4:00-4:40 Room A

Healing Archetypal Trauma with Body Psychology

Andy Hahn, PsyD, Life Centered Therapy

Life Centered Therapy is a USABP Member Institution

4:40-5:20 Room A

Integrating Somatic Psychology into Evidence Based Trauma-Informed Care

Arielle Schwartz, PhD

Full Conference Agenda

5:20--6:00 Room A

Rewriting Traumatic Memories During the Reconsolidation Phase

Shahri Homayoun, PhD

Panel Presentations

Relational Approaches to Death & Dying

Panel Chair

Jeanne Denney, MA, PE

4:00-6:00 | Room G

4:00-4:40 Room G

Expanding ideas of Life, Love and Connection: Bringing Dying and Grief into the fold of Body Psychotherapy

Jeanne Denney, MA, PE

4:40-5:20 Room G

The Grief Recovery Method: A Relational and Affective Approach to Grief and Loss

Shelby Messenger, MA

5:20-6:00 Room G

A Living Embodied Epistemology of Death

Jana Hendricks

4:00-5:00 Room B

Love Heals: Applying Somatic & Energetic Principles to Fetal, Birth, and Post-Birth Trauma

Karyne Wilner, PhD

5:00-6:00 Room B

It Takes A Village: Putting Theories into Practice

Anne Isaacs, MSW

4:00-5:00 The Yurt

The Intelligent Body: Reversing Chronic Fatigue & Pain from the Inside Out

Kyle Davies, MPhil

Rebecca Metro

5:00-6:00 The Yurt

Full Conference Agenda

Better Brain Function through Movement: Using Exploratory Movement for Trauma and Eating Disorder Recovery

Susan Richter, MFT, CEDS, SEP

Sean Baker, MFT, SEP

4:00-5:00 Room H

Connection: Our Greatest Longing and Deepest Fear

Ellen Byrne, CMT, SEP

5:00-6:00 Room H

4E Cognition: Humanness from a nervous system point of view

Lisa Dale Miller, LMFT, SEP

6:00 Dinner

7:00 Barrett Center

Evening Film Screening

West Coast Premiere!

**Love, Work and Knowledge:
The Life and Trials of Wilhelm Reich**

Saturday November 3, 2018

8:00-8:50 The Yurt

Morning Movement Experience

Core Breath Experiential Workshop

Alycia Scott Zollinger

Please Note: Space is limited – morning movement class is first come, first served

Breakfast

Full Conference Agenda

9:00-10:45 Barrett Center

USABP 2018 Pioneer Award Lecture

Trauma and Intimacy through the Lens of the Polyvagal Theory: Understanding the Transformative Power of Feeling Safe

Stephen Porges, PhD

10:45-12:30 Barrett Center

USABP 2018 Lifetime Achievement Award Lecture

Sensory Awareness: Reconnecting with Ourselves

Judyth Weaver, PhD

***12:30-1:30 Lunch & Author Signing
Outdoors***

Saturday Afternoon Colloquium

1:30-2:30 Barrett Center

Sexual Healing Heals More Than Sex: Body-to-Body Intimacy and Mindful Eroticism

Stella Resnick, PhD

2:30-3:30 Barrett Center

Sexual Pleasure in Light of Intersubjectivity

Lawrence Hedges, PhD

1:30-2:30 Room A

Embodiment, Personal Development and the State of Consciousness

Siegmar Gerken, PhD, ECP, HP

2:30-3:30 Room A

Discovering & Experiencing the Impact Somatic Therapies Have on Authenticity

David Phillips, Med, CCEP, Faculty, Institute of Core Energetics

The Institute of Core Energetics is a USABP Member Institution

Panel Presentations

The Use of Touch in Body Psychotherapy

Full Conference Agenda

Panel Chair

Aline LaPierre, PsyD, MFT, Vice President USABP

1:30-3:30 | Room G

1:30-2:00 Room G

Touch: The Royal Road to Connection and Repair (Part One of Two)

Joe Weldon, Lic. Psych, MST, Co-Director of the Somatic Therapy Center

Noel Wight, MA, MST, Co-Director of the Somatic Therapy Center

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2:00-2:30 Room G

Healing Hands through the Five Elements

Brian Falk, MA, C. Ac.

2:30-3:00 Room G

Facilitating Reparative Experiences of Touch between Children and Caregivers through FirstPlay Kinesthetic Storytelling

Janet Courtney, PhD, LCSW

3:00-3:30 Room G

Wisdom of the Body: Beyond Talk Therapy: How to Use Intimate Nonsexual Restorative Touch in a Counseling Context

Jill Nagle

1:30-2:30 Room B

LifeLine Landscaping Work

Joke van de Belt, MA, Senior Trainer, International Institute for Biosynthesis

Gabriele Hoppe, ClinPsych, Senior Trainer, International Institute for Biosynthesis

2:30-3:30 Room B

Biofeedback as a Viable Somatic Modality for Trauma and Related Comorbidities

Cynthia Kerson, PhD, Saybrook University

1:30-3:30 Room D

The Freedom Trail: Healing Archetypal Trauma with Body Psychotherapy

Andrew Hahn Psy.D.

Joni Beckett MA., MBA, LMHC

Full Conference Agenda

Panel Presentations

Yoga and Exercise Sciences in Body Psychotherapy

Panel Chair

Stacy Reuille-Dupont, PhD

1:30-3:30 | The Yurt

1:30-2:00 The Yurt

Blending Disciplines: Using Exercise Science to Bridge Understanding in Somatic Psychology Interventions.

Stacy Reuille-Dupont, PhD

2:00-2:30 The Yurt

Yoga Psychology Concepts in Sex Trafficking Survivor Narratives

Julie Carmen Hoffman, LMFT, C-IAYT, YTRX

2:30-3:00 The Yurt

Bringing Nervous-System Informed, Trauma-Sensitive Yoga in the Psychotherapy Session

Joann Lutz, MSW, LICSW, E-RYT, C-IAYT

3-3:30 The Yurt

Bodyfulness

Rachel Allyn, PhD, RYT-500

1:30-2:30 Room H

Clinical Interventions to Repair and Embody the True Self

Carolyn Bucey Eberle, LPC

2:30-3:30 Room H

Somatic Practice with Marginalized Communities

Sage Hayes

3:30-4:00 Coffee/Tea Break

4:00-6:00 Room A

The Preparatory Set and the Natural State; a neurobiological framework for embodied psychotherapy

Mardi Crane-Godreau, PhD, SEP, Research Scientist, Geisel School of Medicine at Dartmouth

Full Conference Agenda

Peter Payne, SEP, RSMET, Geisel School of Medicine at Dartmouth

4:00-6:00 Room G

Touch: The Royal Road to Connection and Repair (Part Two of Two)

Joe Weldon, Lic. Psych, MST, Co-Director of the Somatic Therapy Center

Noel Wight, MA, MST, Co-Director of the Somatic Therapy Center

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In Honor of Eugene Gendlin

A Focus on Focusing

4:00-6:00 | Room B

4:00-5:00 Room B

Bodymap Protocol: Integrating Art Therapy & Focusing in the Treatment of Adults with Trauma

Darcy Lubbers, PhD, MFT, ATR-BC

5:00-6:00 Room B

Body dreamwork: Using focusing to help clients find the lifeforce inherent in dreams and nightmares

Leslie Ellis, PhD

4:00-5:00 Barrett Center

Sex Addiction As Affect Dysregulation: An Embodied Approach to Treatment

Alexandra Katehakis, PhD

5:00-6:00 Barrett Center

The Integration of Mindfulness and New Somatic Approaches for the Treatment of Trauma & Cultivating Resiliency

Ron Alexander, PhD, SEP

4:00-5:00 The Yurt

Embodied Wisdom: The Dance of Three

Tina Stromsted, PhD, LMFT, LPCC, BC-DMT

5:00-6:00 The Yurt

The Actors Secret for Therapists

Betsy Polatin, MFA, SEP

Full Conference Agenda

4:00-5:00 Room D

What's Happening!?! A Developmental-Relational Case of Delayed Embodiment

Mark Ludwig, LCSW

5:00-6:00 Room D

Body-based Connection Repair: How to Use the Five Personality Patterns plus NVC with Couples and Dyads for Fast, Effective, and Sustained Connection Repair and Conflict Resolution

Jill Nagle

4:00-5:00 Room H

Somatic Individuation: Repairing the Connection Between Psyche and Soma Through Embodied Active Imagination

Bridget Carlson

5:00-6:00 Room H

Bearing Witness: Psychic Space for Connection

Mădălina Bortes and Cacky Mellor, M.Ed, Pacifica Graduate Institute Students

6:00 Barrett Center

Honoree Discussion

The Future of Body Psychotherapy

with Dr. Judyth Weaver and Dr. Stephen Porges

Followed by an Outdoor Reception

Heavy hors d'oeuvres, wine, and entertainment

Sunday November 4, 2018

8:00-8:50 The Yurt

Morning Movement Experience

Beyond the Nervous System - Generativity and Resourcing Through Embodied Embryology

Theresa Silow, PhD, LPCC, SEP, Professor of Somatic Psychology, CIIS

Shirley Bar-Dvir, MA, LMFT, Hakomi Therapist and Teacher

Morgan Shepherd, MA, LMFTi

Full Conference Agenda

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Breakfast

9:00-10:30 Barrett Center

Closing Keynote

Revolutionizing Trauma Treatment: Accurately Gauge and Modulate ANS Arousal in Clients and Yourself

Babette Rothschild, MSW

10:30:11:30 Barrett Center

Integrative Body Psychotherapy In Action

Marjorie Rand, PhD

11:30-12:00 Barrett Center

Early Coping Strategies: Another Addictive Behavior Which May Sabotage Connection

Alice Ladas, PhD

12:00-1:30 Barrett Center

USABP Senior Training Member Spotlight

Hakomi Mindful Somatic Psychotherapy: An Experiential Workshop

Shirley Bar-Dvir, MFT

1:30-1:35 Barrett Center

Closing Remarks

Christopher Walling, PsyD, President USABP

Aline LaPierre, PsyD, Vice President USABP

Karen Roller, PhD, Secretary USABP