



THE USABP CONFERENCE

A Somatic Revolution: The New Generation

May 18-21, 2023

California Institute of Integral Studies
San Francisco, California

PROGRAM

As Of April 12, 2023

Thursday May 18, 2023

Pre-Conference Workshops:

Approved for 5 Continuing Education Units

12:00-2:30*

Namaste Hall

Embodying Emotions: A Method for Improving Cognitive, Emotional, and Behavioral Outcomes in all Therapy Modalities from Integral Somatic Psychology (ISP)

Raja Selvam, PhD, Founder of Integral Somatic Psychology

2:30-5:00 *

Namaste Hall

Somatic Evolution: Post-Traumatic Growth as Inclusion

Steven Hoskinson, MA, MAT, Founder of Organic Intelligence®

***CIIS Somatic Psychology Department 40th Anniversary Celebration
(by invitation only)***

Friday May 19, 2023

9:00-9:30

Namaste Hall

Convocation

Aline LaPierre, PsyD, MFT, SEP, President, USABP

Mahshid Hager, MFT, Conference Co-Chair & Treasurer, USABP

Chris Walling, PsyD, MBA, SEP Conference Co-Chair & Research Chair, USABP

Kathy Littles, PhD, Provost, California Institute of Integral Studies

9:30-10:00

Namaste Hall

Experiential Keynote: What is embodiment?

Susan Aposhyan, MA, LPC

10:00-11:30

Namaste Hall

Opening Keynote*

Embodied Intersubjectivity: A Synchrony of Thirds

Jessica Benjamin, PhD

11:30-12:00 ▪ Coffee/Tea Break

12:00-1:00

Namaste Hall

Research Development in Body Psychotherapy

Cynthia Price, PhD

1:00-2:00 ▪ Lunch & Poster Presentations

Lobby

Poster Presentations

Friday Afternoon Colloquium

2:00-3:30 *

Namaste Hall

Using NARM to Heal Developmental Trauma: Exploring Survival Styles and the Core Dilemma

Jacob Art, MA

2:00-3:30

Room: TBA

Embodied Activism: Five Strategies Body Psychotherapists Can Use to Support Social Justice in Their Practice

Rae Johnson, PhD

2:00-3:30

Room: TBA

Body Based & Embodied Methods in Art Therapy

Mia de Bethune, MA, ATR-BC, LCAT, ISP, SEP

2:00-3:30

Room: TBA

On Character Structure: An Object Relations Perspective

Homayoun Shahri, PhD, MA, CBT, LMFT

2:00-3:30

Room: TBA

Life Dreams and Being Stuck: A Case of the Blob-Using Dissociated Parts as Somatic Resources

John Cornelius, LICSW, LCSW-C

2:00-3:30

Room: TBA

Introducing Emotive Energy

Stephen Buehler, MFT

2:00-3:30

Room: TBA

Emotional Validation & The Body: A Workshop

Dawn Bulchandani, PhD

3:30-4:00 ▪ Coffee/Tea Break

4:00-6:00

Room: TBA

Touch: A Somatic Innovation & Evolution

Joe Weldon, MS ▪ Noël Wight, MA MST

4:00-6:00

Room: TBA

Roots Nourish Branches: Historical Lineages in Contemporary Somatic Movement Practices

Tina Stromsted, PhD, LMFT, LPCC, BC-DMT, RSMT/E

4:00-6:00

Room: TBA

The “Heart” In Couples Therapy—Somatic Tools for Effective Interventions With Couples

Gal Szekely, LMFT ▪ Liron Cohen

4:00-6:00

Room: TBA

Restoring Our Sense of Safety, Re-Storying Our Fundamental Connectedness

Jenny Tracey, MSc

4:00-6:00*

Room: TBA

Neurological Mechanisms of Change

Melissa Benintendi, MA, LPC

4:00-6:00

Room: TBA

Being The Dear Companion: Cultivating Self-Regulation & Self-Repair Within

Dina Amsterdam, E-RYT

4:00-6:00

Room: TBA

Virtual Somatic Psychotherapy

Phoenix DeLeon, MFT ▪ Jay Tazvia Hefland, MFT

Cocktail Social Reception

(Location TBA)

Saturday May 20, 2023

9:00-10:30

Namaste Hall

USABP 2023 Pioneer Award Lecture

Bonnie Bainbridge Cohen, OT, RSMT, RSME

10:45-12:15

Namaste Hall

USABP 2023 Lifetime Achievement Award Lecture

Don Hanlon Johnson, PhD

12:15-1:30 ▪ Lunch ▪ Author Signing

Saturday Afternoon Colloquium

1:30-3:00

Namaste Hall

Panel Presentation

Touch & Psychotherapy

Moderator

Terese Gjernes, PsyD, SEP, CMTSE

Panelists

Aline LaPierre, PsyD, MFT, SEP

Dave Berger, MFT, PT, LCMHC, SEP, MA

Shirley Dvir, LMFT

Steuart Gold, MFA, MA, MFT

1:30-3:00

Room: TBA

Neurodivergent Somatics

Nyck Walsh, MA, LPC

1:30-3:00

Working Therapeutically Through the Body with Chronic Urgency in the Age of Climate Crisis, Racial Reckoning and Political Destabilization

Jill Leversee, MA LPC

1:30-3:00*

The Evolutionary Purpose of Shame

Shelia Rubin, MA, LMFT, RDT/BCT & Brett Lyon, PhD, SEP, BCC

1:30-3:00

An Embodied Inquiry into Eco-Social Justice After the Pandemic

Maria Prieto, MA

1:30-3:00

Creative Flow for Mind Body & Soul

Lenna Salbashian, LMHC, ATR, RYT

1:30-3:00

In The Fires of Exchange: An Alchemical Hermeneutic Study of Cross-Cultural Exchange

Shara Brun, PhD, LPC

3:00-3:30 ▪ Coffee/Tea Break

4:00-6:00

Namaste Hall

Panel Presentation

Movement Development, Embodiment & Embodied Relating: Reflections from A Study Group with Bonnie Bainbridge Cohen

Moderator

Chris Walling, PsyD, MBA, SEP

Panelists

Theresa Silow, PhD, LPCC, SEP

Shirley Dvir, LMFT

Morgan Shepherd, MA, MFT, SEP

4:00-6:00*

Room: TBA

Transforming the Relationship with the Body Through Mindful Awareness in Body-Oriented Therapy (MABT)

Cynthia Price, PhD

4:00-6:00*

Room: TBA

Embodied Journeys: Somatic and Trauma-Informed Considerations for Psychedelic Assisted Therapy

Joshua Sylvae, PhD ▪ Manuela Mishke Reeds, PhD

4:00-6:00

Room: TBA

Relevant Tools for Body Psychotherapy in the age of COVID

Mardi Crane-Godreau, PhD

4:00-6:00

Room: TBA

Post-Trauma Growth: A Clinical Demonstration

Steve Hoskinson, MA, MAT

4:00-6:00

Room: TBA

Disappearing Act: Disabled Embodiment and the Haunting of the Biopsychosocial Model of Chronic Pain

Anna Kunin

7:00 ▪ Parc 55 Hotel, San Francisco

Honoree Dinner

Ticketed Event

with Bonnie Bainbridge Cohen & Don Hanlon Johnson

Dinner ▪ Wine ▪ Entertainment

Sunday May 21, 2023

8:00-9:30

Room 304

Repair of the Mind & Body Connection

Jill Miller, C-IAYT, E-RYT

9:30-10:30*

Namaste Hall

Closing Keynote

Claudia Cuentas, MA

10:30-12:00

Room: TBA

Empowering the Next Generation: Teaching Somatic Movement Practices to Teens & Young Adults

Susan Bauer, MFA, RSME/T, RSDE

10:30-12:00

Room: TBA

Conscious Energetic Touch for Healing Childhood Wounds

Wynn Tamura

10:30-12:00*

Room: TBA

Research in Body Psychotherapy: Successes and Failures

A Gathering of Prospective Researchers Within USABP: USABP Research Committee

Christopher Walling, PsyD, MBA, SEP, Research Chair & Past President, USABP

10:30-12:00

Room: TBA

Somatic Maternal Healing: Bringing the Body into Perinatal Mental Health

Helena Vissing, PsyD

10:30-12:00

Room: TBA

Riding the Bliss Wave: The Body as The Transpersonal

Jonalyn Blaha, PhD

10:30-12:00

Room: TBA

Balance: Working with Subjective Experience Scales & The Autonomic Nervous System

Antony Thier, MFT

10:30-12:00

Room: TBA

Trauma and Reconciliation: Coming Home to the Body with Breema

Angela Porter, LMFT, CATC, CMT & Carrie Gray, LMFT

10:30-12:00

Room: TBA

Why Neurodivergent-affirming Care is Critical for Somatic Healing Modalities

Elizabeth Brink, ACC

10:30-12:00

Room: TBA

The Anatomy of Self Awareness: An Embodiment Approach to the Deep Core of Anatomy

Jim Freda, LMT

12:00-12:30 ▪ Coffee/Tea Break

12:30-1:00

Namaste Hall

Closing Remarks

Aline LaPierre, PsyD, MFT, SEP, President, USABP

Mahshid Hager, MFT, Conference Co-Chair & Treasurer, USABP

Chris Walling, PsyD, MBA, SEP, Conference Co-Chair & Research Chair, USABP

1:00-1:35

Namaste Hall

Embodied Meditation: A Prayer for Our Times

Susan Aposhyan, MA, LPC

***Indicates Session Approved for Continuing Education Units and is part of the day's Continuing Education Track. Please note you must attend all CE approved session in a single day to receive credit for that day.**