



## "Working Holistically in Therapy and Personal Growth: Basic concepts of the Radix approach and its Reichian Roots."

February 28 - March 4, 2018  
Fort Lauderdale, FL

**Module 1: 5-day training workshop presenting the theory of Wilhelm Reich and Charles Kelley, and the basic concepts of the Radix approach: *Pulsation, Segments, Armoring and Counter-pulsation, Contact, Grounding, Centering, Attachment, Boundaries and Containment.***

In the early 1920's Wilhelm Reich, along with analysts Groddeck and Ferenczi , pioneered working with the body-mind for effective therapy and personal growth outcomes. Radix as developed by Erica and Charles Kelley PhD, in the 1970's continued and developed this work especially emphasizing the self regulatory nature of the life force and the significance of the eyes in human psychology. More recently, neuroscience writers (e.g. Schore), and developmental psychologists (Tronick, Trevarthen, Beeby) have recognized the significance of early bodily experience for later healthy holistic functioning, and in particular the non-verbal nature of this experience.

The Radix Institute is offering a five-day training workshop, open to those who work with people to promote personal growth and healing, as well as to those who wish to deepen their own personal growth through a body-centered modality.

Module one presents an overview of the theory, and is the basis for further modules in the training program.

### Module 1 Tuition

Early Registration through December 15, 2018	\$ 1690
December 16, 2017 - February 27, 2018 (on a space available basis)	\$ 1800

**TO REGISTER:** Use [PayPal.com](https://www.paypal.com) to send a deposit of \$850 to [information@radix.org](mailto:information@radix.org), or mail a check or money order to The Radix Institute

c/o Melissa Lindsay  
981 Aalapapa Drive  
Kailua, HI 96734

In case of cancellation, refunds will be given until January 9, 2018, less a \$25 processing fee.

For more information contact [information@radix.org](mailto:information@radix.org), or go to [our website](#).

**Workshop description:** In this five-day intensive workshop, participants will have the opportunity to learn the basic concepts underpinning mind-body therapeutic work, and experientially learn how the application of these concepts can deepen their own embodiment and that of their clients.

Day one will focus on the fundamentals of Reichian theory and how this has been developed and applied in Radix theory to address embodied psychobiological self-regulation. Current Radix work addresses a broader range of individuals than the armored individuals usually associated with the work of Reich.

In Days two to four, attention will be focused on specific concepts underpinning Radix work. Participants will be taught various applications and techniques of these concepts, and will learn experientially and theoretically how interventions can affect their functioning (or that of their clients).

On Day five, the therapeutic tools of breath, sound, physical contact and movement will be discussed and experienced. In the afternoon participants will be taught methods of applying of all of these modes in supervised practice sessions. [See full schedule here.](#)

## Continuing Education

**CE credit for Module 1** is sponsored by Commonwealth Educational Seminars (CES). The training workshop offers 30 contact hours to social workers, psychologists, licensed mental health counselors, licensed professional counselors, and marriage and family therapists. Full attendance is required.

[More about CE credit](#)

[Learning objectives for Module 1](#)

### FACULTY:

**Narelle McKenzie, M.A.:** Director and Senior Trainer of the Australian Radix Training Centre and of The Radix Institute in North America. Narelle completed her training with the Radix Institute in 1982 and established a private psychology and psychotherapy practice in Australia. After completing her trainer training she co-founded the Australian Radix Training Centre. Narelle is a registered psychologist with thirty years experience working in private practice with adults, adolescents, families, couples and groups.

**Melissa Lindsay, PsyD** has been a Radix Practitioner for over 20 years, and a trainer with the Radix Institute since 2008. She has a Master of Counseling degree with a humanistic orientation, and a Doctor of Psychology degree. Melissa maintains a private practice in Hawaii, working from a body-centered orientation with a broad range of issues, and specializing in trauma and dissociation.

**CERTIFICATION IN RADIX TRAINING:** This workshop is the first in a series of training modules. Future training modules will focus on specific content areas such as affective regulation, eye-work, and containment. The modules can be taken by themselves, or can lead to certification as a Radix Practitioner. For the Certification Program, the modular structure of the training gives flexibility as to when a trainee enters the program, begins their individual experiential work, and begins working with students or clients of their own. If you are potentially interested in the certification program, you will have the opportunity to discuss the programs with the training staff at the workshop.

[Certification program](#)