

THE BRAIN & TRAUMA: WHAT WORKS FOR HEALING



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LINDA CIOTOLA, M.ED., CET III, TEP,
SCOTT GIACOMUCCI, LSW, CET II, TSI-AL,
TSI's ACTION HEALING TEAM

People who have experienced traumatic events can have significant changes in the neurobiology of their brain. The right brain holds emotions, relationship information, and unprocessed trauma, often in the form of flashbacks, body memories, intrusive thoughts and dissociated feelings. It is always turned on by an overactive amygdala. The left brain's coherent function, which provides meaning to stay in the here and now, is interrupted by stress hormones as the result of danger signals from the amygdala.

Participants will learn to use the Body Double (BD) intervention to work with the energetic body and the 'rhythmic rupture' it suffers, along with the physical body and the brain, due to traumatic events. The brain-in-action, along with attachment structures, are taught through demonstration and live supervised practice and can be used immediately following the workshop in individual, couples and family therapy, as well as by educators and community organizers. This workshop expands the repertoire of students and practitioners of EMDR, EFT, sensory motor integration, as well as drama therapy and psychodrama.



- TIME: Friday & Saturday, 10am-6pm, Sunday 10am-4pm • FEE: \$600, \$100 deposit.
- EARLY DISCOUNT: \$550 in full by 2/18/2017 • VENUE: Penn State University, 25 Yearsley Mill Road, Media, PA • SPONSOR: Giacomucci & Walker, LLC • INFORMATION & REGISTRATION: Scott Giacomucci, giacomucciscott@yahoo.com.



LINDA CIOTOLA, M.ED., CETIII, TEP, TSM Trainer, is a co-creator of the TSM Body Double role, author, co-creator of ACTS, an online psychodrama series, and an esteemed international presenter. Linda's home base is in Maryland, where she has worked extensively with TSM. She was recognized for her exceptional work with the Zerka Moreno award in 2008. Linda has many additional certifications and training, which can be found at her website: www.healing-bridges.com.

Workshop organizer and TSI Assistant Leader, SCOTT GIACOMUCCI, MSS, LSW, CTTS, CET II, is a psychotherapist in private practice at Giacomucci & Walker, LLC. West Chester, PA. He currently provides trauma treatment services at Mirmont Treatment Center, incorporating classical psychodrama, TSM, and other experiential therapies into work with trauma and addiction. giacomucciscott@yahoo.com; www.SGiacomucci.com.