

Submission Guidelines



Somatic Psychotherapy Today

Founding Editor: Nancy Eichhorn, PhD
Email: writetobe@myfairpoint.net
SKYPE: nxe2417

Current Themes

Each issue revolves around a theme. Please check our latest publication and our Facebook page for upcoming themes.

Deadlines

Fall Issue: First deadline March 15, 2014
Winter Issue: First deadline, October 15, 2014
Spring Issue: First deadline, January 15, 2015

Initial queries and submissions should be **emailed to the editor** as an attachment in *Microsoft Word*.

Receipt of your article will be acknowledged when received. If you do not receive acknowledgement that we received your query/article within one week, please resend it.

We welcome queries and submissions throughout the year. Please consult the criteria for acceptance and the author's guidelines to expedite acceptance of your article.

About Somatic Psychotherapy Today

Somatic Psychotherapy Today offers a collection of articles and insights written to capture the art and science of psychotherapy.

Designed to disseminate information about somatic psychology, body psychotherapy, prenatal and perinatal psychology, body/mind/spirit practices and information about psychotherapy in general, *Somatic Psychotherapy Today* provides a forum for sharing

Submission Guidelines

news and advances in clinical practice, research, resources, and policy as well as information about professional activities and opportunities in the field.

Its purpose is to bring concepts involved with somatic psychology, body psychotherapy, prenatal and perinatal psychology, and body/mind/spirit practices to a larger public audience to capture their interest and support individual growth as well as collective growth in our local and international communities. While this publication cannot capture everything related to the immense field of psychotherapy and body-centered practices, we will strive to provide a venue for our readers (be it therapists, students, researchers, folks in waiting rooms) to experience different perspectives.

SPT was founded on the belief of the power of personal presence on the page in a community of acceptance. What we do individually has a collective impact on our world –its health and wellbeing and on all living entities that dwell here. Voicing our truth is paramount and finding the right venue to speak is just as critical. SPT offers writers and readers the space to connect, to share thoughts, ideas, and opinions about what matters in the work we do and the impact on people’s lives and to further our field of study and practice.

Somatic Psychology Today is currently a free magazine available at www.USABP.org, www.EABP.org and www.issuu.com/SomaticPsychotherapyToday

Criteria for Acceptance

First Rights: We maintain first rights. Submission of an article to *Somatic Psychotherapy Today* represents certification on the part of the author that it has not been published (digitally or in print) or submitted for publication elsewhere.

Our Editor will read each article with the following questions in mind:

- How does material in this article inform the field and add to the body of knowledge?
- If it is a description of what we already know, does the author present it from a unique perspective that the reader can embody and experience?
- If it is a case study, is there a balance among the elements, i.e., background information, description of prescribed interventions and how they work, outcomes that add to our body of knowledge?
- If this is a reflective piece, does it tie together elements in the field to create a new perspective?

Submission Guidelines

- If this is a book review, does the author bring together the content of the book, its intended audience and use, the mechanics of the book and the book author's platform/qualifications for writing this particular book.
- Does the writing capture the reader's interest and flow through out. Is it written in a first person, familiar style as our publication is noted for? If applicable, is embodied writing used?

Acceptance, revision or rejection?

Once the article has been reviewed one of the following will happen - the Editor will:

- Accept the article as it is except for minor typos or grammatical corrections.
- Accept the article with the provision that the author make minor revisions following the editor's comments.
- Ask the author to substantially revise and resubmit the article as requested by the editor, as we consider the subject worthwhile for publication. When resubmitted it will be reassessed by the editor.
- Reject the article if it does not make a significant or relevant contribution to our field or otherwise fails to meet our standards of quality. If it is felt to be suitable for another publication, we will suggest where else the author might submit it.

We aim to make this a rich mentoring process, so you are encouraged to consider the editor's advice both for the present and future articles. When you send us the revised version, the editor decides if it is acceptable. We will work with authors as necessary to support the revision process.

Author's Guidelines

Formatting

- Articles will be double-spaced in 12pt Times New Roman Font with a one-inch (25 mm) margin on all four sides.
- Include page numbers. Otherwise the manuscript should be free of formatting.

Submission Guidelines

Include

- Title of the article and full authorship.
- A brief bio of about 100 words between the end of the text and the references with the author's degrees, certifications, institutional affiliations, training, e-mail address, web address, etc.
- A jpeg file of author's headshot

Length

Most articles run 1,500 to 2,000 words. Longer submissions (3,000 words will be considered). Book reviews average 1,000 words.

Illustrations

We appreciate original images that can be used to illustrate the article. If applicable, please be sure to obtain written copyright permissions for any images within the article and forward them along with the submission.

Language

Authors are responsible for preparing clearly written articles free of errors in spelling, grammar or punctuation. The editor recognizes that the majority of contributors may not be professional writers. Furthermore, we are aware that the work of our profession is sometimes pragmatic, associative, intuitive and difficult to structure. However, a professional magazine such as we envision normally accepts only pieces that are fully edited. Therefore, we may suggest that writers find someone to review and edit their work before it is submitted. We will suggest names of possible editors if requested.

Style

- Only one space should be inserted between sentences, not two.
- Make sure that dashes (—) are preceded by and followed by one space (e.g. “He is — after all — a great student.”).
- Please make sure punctuation is placed outside quotation marks unless the punctuation is a component of the original quoted material
- Indent paragraph: 0.5cm

References

References within the text should include author's surname, publication date, and, if material is quoted, the page number. Full attribution should be included in the

Submission Guidelines

References at the end. We follow American Psychological Association standards for citation.

Copyright permission must accompany any diagrams or charts copied or altered from published sources.

This is a great [citation simplifier](#):

This website takes all the fuss out of writing the bibliography! The above link already brings you directly to the APA-format page but if you need to use a different citation style for any other reason, they can be found on the left-hand side of the page. Click on what is required for your needs. We request APA-formatting, so on this page, click on the type of resource you need to cite (be it book, blog, article, etc.). Fill in all the information it demands of you (click the + button to add an author if your source has more than one), click "Make Citation," and there you'll have it, an appropriately-formatted bibliographic citation that can be copy-and-pasted directly onto your work.

If this was confusing in any way, please refer to the provided [on-site instructions](#).

Of course, you may wish to consult a more comprehensive resource about [APA style guidelines](#) - how to do in-line citations, etc.

As for how to find all the information that you need to make a citation, referring to the primary source you used will be best and most exhaustive. If you no longer have access to that, a quick Google search with the information that you do happen to have (book/article title along with author's name) will often provide the rest in the first few hits. Start by clicking on the first Google result, and by eye, search for the information that the citationmachine website asks for specifically. Browse the next couple of links on Google if need be. If the information needed (e.g. page numbers) can't be found in the first few hits, it is unlikely that it will be online at all.

Translation

The Magazine is published in the English language.

- We encourage authors to submit their articles to our editor in acceptable English.
- If the article is written in another language and then translated, once deemed suitable for publication, the author will be encouraged to have the entire article translated into acceptable English if necessary.
- For final publication, the article must be fully corrected in the English language.
- The costs for translation and correction are the responsibility of the author and must be paid before publication. Payment may also be in the form of joint authorship or a combination of the two which can be decided upon by author and collaborator together.

Submission Guidelines

Author's copyright

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